



The
Farm
at Trinity Health



20
23 | **Annual Report**
Growing a healthy community by empowering people through food, education and relationships.



The Farm at Trinity Health 2023



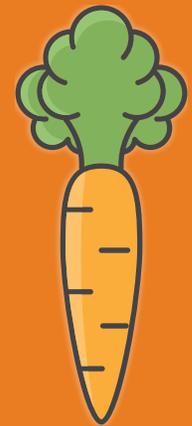
**2 Farms on
2 hospital
campuses in
Southeast
Michigan**

The Farm at Trinity Health
Ann Arbor in Ypsilanti

The Farm at Trinity Health
Oakland in Pontiac



97
varieties of fruits,
vegetables and
flowers grown



\$70,000
value of produce grown



**36 weeks of farm stand
in the hospital**

3,526 interactions
with hospital employees
and patient families



60% of all produce is
donated to patients
through the Produce
to Patients Program

See page 4



Growing Farm Share Assistance

Your support helps us grow a healthy community by providing necessary nutrition to those struggling with food insecurity.

Gifts of any size make a difference.

Scan the QR code for details.

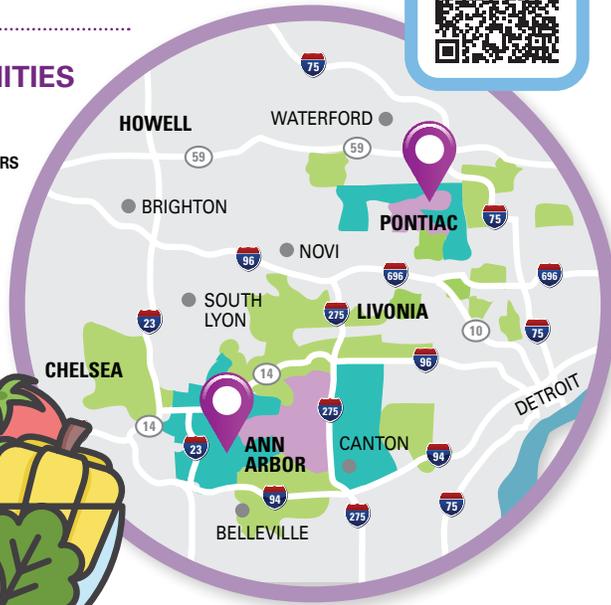
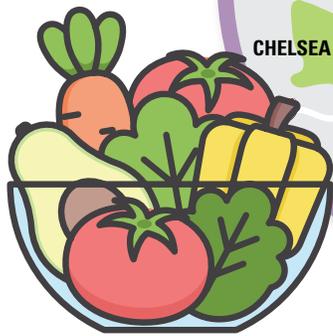


OUR COMMUNITIES WE SERVE

THE FARM

NUMBER OF USERS

- HIGHEST
- MEDIUM
- LOWEST



Here's what a gift can provide:

- ❑ \$10,800 Farm Share Assistance Program for 10 families for 36 weeks**

 - 1) Farm Share Assistance:** 36 weeks of local produce to people experiencing food insecurity. Membership includes support from a community health worker; access to our free food pantry; weekly cooking and recipe demos; and more.
 - 2) Farm Share Assistance - community-based:** We partner with various community organizations to distribute food to locations in the community with high levels of need such as the subsidized housing complexes in Ypsilanti.
- ❑ \$8,000 Food Pantry supports both food pantries for 1 year**

Both Farms offer a food pantry to anyone needing food. While much of the food is received as a donation from the food bank, regular purchases of fresh, healthy food is required to keep a healthy-food focused pantry.
- ❑ \$4,000 Produce to Patients supports a community partner for 1 year**

The Farm partners with clinics and community partners to provide free produce to patients at their appointments.

Food Pantry

Healthy food pantries at both the Ann Arbor and Oakland Farms provide grains, legumes, oils, spices, dairy, and produce to anyone in the community needing food.

It's been a huge lifesaver. It's not that we didn't have access to food, it's the healthy food my wife needs. Food stamps don't get you healthy food.

– Food Pantry Shopper



Produce to Patients

Food grown at our Farms is donated to clinics with the goal of making it easier for patients and providers to connect about healthy food and eating habits.

Every week the patients in the Cancer Center and in the Family Medicine Clinic await my arrival for food to take home. Our patients really need and appreciate the food and rarely did we every have anything left over.

– Produce to Patients Provider

Produce to Patients Impact

\$78,369
Total Value Donated

23,431
Distributed Servings

20
Clinic Partners

17,840
Pounds of Produce Donated

Education Programs

Our Education Programs impacted over 1,000 people aged 4 to adult.



Our students really love coming to The Farm and ask about it throughout the year. This is one of our favorite field trips to attend!

– Margaret Pilath, Special Education Teacher

Field Trips | The Farm provides three in-class and two on-farm experiences for all Ypsilanti Community Schools and Lincoln Consolidated Schools students in fifth grade and self-contained special needs classrooms.

Summer Camp | The Farm offers week-long summer camp programming to children ages 4-11. Camps are designed to increase children’s knowledge and consumption of healthy food; comfort in outdoor settings; and be fun.

Summer Youth Employment Program (SYEP) | Each week throughout the summer, participants in Centro Multicultural La Familia’s SYEP work at The Farm, where they learn about food safety, how to grow their own food, and other life skills.

Nutrition Buddies | Run by the Lifestyle Medicine department, this program pairs food insecure youth with medical resident physicians for a month of culinary classes and a week of Farm Camp.

My kids had so much fun last week. From helping in the fields to using a real knife, the kids loved it! On Friday, [one of my campers] volunteered to help make dinner and felt very confident in her veggie prep skills. – Summer camp parent

406
Field Trips

457
Classroom
Visits

5,000
hours of
community
education

43%
Increase in camper
enjoying eating

65%
Increase in camper
enjoying trying
new food

500
Hours of SYEP
participation



TOYOTA

Toyota Foundation

Through the generous support of the Toyota Foundation, we provide multiple engagements at The Farm and in the classroom for fifth graders and upper elementary special education classrooms in the Ypsilanti Community Schools and Lincoln Consolidated Schools districts at no cost.

This gift funds transportation and materials for field trips and classroom visits and allows The Farm to offer scholarships for the Farm Summer Camps to families in need.



Volunteers

Join us at The Farm!

Scan the QR code to sign up now to volunteer.



SUMMER Intern Program

Four individuals work full time for 16 weeks in our agriculture and education programs. This paid opportunity, supported by philanthropy, provides both learning opportunities and work experience.

My internship experience at The Farm was so unique because everybody I came across truly cared about their work. That went for both staff and volunteers and it was really special to witness the passion that people had for bettering their community. Getting to intern at the Farm also showed me how integral good food is for the health of the community. I am so grateful to have been involved in that effort!

- Julia Rushing, 2023 Summer Intern, Education Specialty

Total Volunteer Hours

5,207

Ann Arbor – 2,946
Oakland – 2,261



The Ralph L. and Winifred E. Polk Foundation

The Ralph L. and Winifred E. Polk Foundation made another generous grant to the Farm at Trinity Health Oakland in 2023 to support overall operating programs, as well as designating a percentage of their grant to support the Susan Weinstein Alberts Endowed Farming Fund.

Members of the Foundation board came to visit the farm in the summer and shared, **“The Farm at Trinity Health Oakland intersects with several different priorities for our foundation — access to nutritious food to address health and hunger, supporting the environment and community by enhancing urban green space, and supporting local farmers through the farm share program. We enthusiastically support this work!”**



Pictured from left: Bobbi Polk; Ryan Polk; Kathy Polk Osborne; and Stephen Polk.

Growing a Healthy Community

The Farm and Partial Hospital Program at Trinity Health Oakland have partnered to provide recreational group sessions for enrolled patients. These sessions offer patients many positive benefits for mental, physical, social, and emotional health. They can improve mood; lessen depression, anxiety, loneliness, and stress; increase self-esteem and promote a sense of community and connectedness while learning new skills.



– Krissy Kentos, RN

Therapeutic Horticulture

Partial Hospitalization Program and The Farm

- Harvesting flowers to make bouquets for patients
- Harvesting crops like winter squash and herbs
- Growing microgreens for themselves and our Produce to Patients Program
- Learning about how plants grow and gaining abilities in seeding, caring for plants, weed/pest identification
- Mindfulness activities



Flowers to Patients | Ann Arbor and Oakland



2,670 bouquets donated

to patients, providers and community members



This is my breath of fresh air when I'm going here for appointments. It reminds me of my garden at home. I picked flowers with someone who works here and we had a nice time.

– Trinity Health Oakland Patient

Community Garden | Ann Arbor

A great place to receive mentoring. The Community Garden is an excellent option for new and experienced growers alike. In 2023, we moved the location to accommodate more gardeners. Ten plots were maintained by current and former Trinity Health Ann Arbor colleagues, as well as the Washtenaw County 4-H Junior Master Gardener program.

DONORS & GRANTORS

Thank you to all our philanthropic supporters! In 2023, **37 individuals, foundations, and corporations** invested in The Farm with more than **\$435,000 in gifts and grants**, with added funding from Trinity Health of **\$250,000**. 100% of these funds went into programs and projects that benefited the community.

ANN ARBOR

*A special thanks to the following supporters for making a commitment to The Farm at Trinity Health Ann Arbor.**

\$90,000 and above

Michigan Health Endowment Fund

\$50,000 - \$89,999

Herbert & Karla Linkner
Toyota Technical Center, USA, Inc.

\$10,000 - \$49,999

Domino's
Trinity Health IHA Medical Group Providers & Staff

\$5,000 - \$9,999

Mr. and Mrs. Alonzo Lewis

\$1,000 - \$4,999

Dr. Harry L. Anderson, III
Mr. Daniel J. Barry and Dr. Kay L. Wilson
Blue Cross Complete of Michigan
Mr. and Mrs. William Clay Ford, Jr.
Dr. Barrett Hatches
Langco + Partners

\$250 - \$999

Mr. Robert N. Cutler and Ms. Darlene Wahlberg
Mr. and Mrs. Ed Gibson

Up to \$249

Dr. Irina Z. Burman
Ms. Denise Burrows
Ms. Jana McNair
Mr. and Mrs. Stephen Rapundalo, PhD
Mr. Charles Shinska

Volunteers

For sharing hands and hearts

OAKLAND

*A special thanks to the following supporters for making a commitment to The Farm at Trinity Health Oakland.**

\$100,000 and above

Dr. Ross Weinstein

\$25,000 - \$50,000

Ralph L. and Winifred E. Polk Foundation

\$15,000 - \$24,999

Mr. and Mrs. James E. Henderson

\$10,000 - \$14,999

Comerica Charitable Foundation
The Richard C. Devereaux Foundation
Dr. Donald Overy – in memory of Elsie Overy
The Serra Family Foundation

\$1,000 - \$9,999

Blue Cross Complete of Michigan
Ms. Linda Elliott
United Wholesale Mortgage, LLC
Dr. and Mrs. Ronald L. VanderMolen
Woman's National Farm & Garden Association - Bloomfield Hills Branch

\$250 - \$999

Dr. Brent Accurso
Mr. Charles Carpenter
Mr. and Mrs. F. Joseph Fleck
Ms. Julie Mills-Quigley

Up to \$249

AMT Services
Mrs. Carole L. Jones
Ms. Jana McNair
Mrs. Amy Milligan
Ms. Jeanne Peltz

In-Kind Gifts

Dr. Hal Learman and Charles A. Pokriefka, Jr.

Volunteers

For sharing hands and hearts

* Recognizing support from January 1, 2023 – December 31, 2023

There are a number of ways you can make a gift to The Farms

Many supporters give annually online or in response to our mailings; they make direct significant gifts by check or credit card or through multi-year pledges; some reduce taxable income through a charitable IRA rollover; other donors choose The Farm as a meaningful beneficiary of their estate. Recognition and naming opportunities are available.

To learn more about the impact your giving can make, please contact:

AJ Quackenbush, Gift Officer | AJ.Quackenbush@trinity-health.org

Jill Schubiner, Gift Officer | Jill.Schubiner@trinity-health.org

Get Involved and Join Us

ANN ARBOR | 5557 McAuley Drive, Ypsilanti • 734-712-HOOP (4667) • TheFarm@trinity-health.org

OAKLAND | 44555 Woodward Avenue, Pontiac • 248-858-6375 • OaklandFarm@trinity-health.org

FARM SHARE | TrinityHealthMichigan.org/FarmShare

DONATE | TrinityHealthMichigan.org/FarmDonate • 734-712-4040

VOLUNTEER | TrinityHealthMichigan.org/FarmVolunteer

FIND US ON SOCIAL MEDIA @TheFarmAtTrinityHealthAnnArbor • @TheFarmAtTrinityHealthOakland

