

WHEN TO VISIT YOUR PROVIDER'S OFFICE

OR VIDEO VISIT

For care and treatment of non-urgent issues

Your provider offers routine care and treatment, whether through video visits or in-person appointments, when it's not an emergency. They are most familiar with your medical history.


 Immunizations or Shots


 Pelvic Wellness


 Animal or Insect Bite


 Cold & Flu Symptoms


 Diabetes


 Preventative Care


 Gastrointestinal Issues


 High Blood Pressure


 Lower Back Pain


 Pink Eye


 Routine Well Visits


 Rashes


 Sore Throat


 Tooth Pain


 Urinary Tract Infection

WHEN TO VISIT URGENT CARE

OR VIDEO VISIT

For immediate needs, but not life-threatening

Urgent care can treat any health problem quickly that is not an emergency. Urgent care has evening and weekend hours when your primary care provider may not be available.


 Ear Pain


 Animal or Insect Bite


 Cold & Flu Symptoms


 Lower Back Pain


 Pink Eye


 Rashes


 Stitches


 Sore Throat


 Sprains & Strains


 Tooth Pain


 Urinary Tract Infection

WHEN TO VISIT AN EMERGENCY ROOM


For any life or death emergency or urgent after-hours need (open 24/7)

You should follow up with your primary care provider after a visit to an emergency room.


 Allergic Reactions



 Babies Needing Immediate Care


 Bad Falls (for Seniors)


 Breathing Problems


 Broken Bones


 Chest Pain


 Drug Overdose or Poisoning


 Heart Attack Symptoms


 High Fevers


 Rapid Bleeding


 Seizures


 Serious Eye or Head Injuries


 Severe Abdominal Pain


 Severe Burns


 Stroke Symptoms
