

Home Concentrator Therapy: Patient Instructions

Your doctor has ordered an oxygen concentrator for you to use at home. The oxygen will help to decrease or prevent your shortness of breath.

Type of machine: _____

Your prescribed usage is: _____ liters per minute,
_____ hours per day.

Oxygen is considered a medication and should only be used as your doctor has ordered it. **DO NOT change your oxygen flow rate**, unless your doctor has told you to do so. If you are ordered to change your oxygen flow, please let us know.

Getting Started

1. Be sure that the machine is secured. It should be kept away from direct sunlight, open flames, people smoking and combustible materials.
2. Plug the power cord into a 110-volt grounded outlet, or use the proper grounding adapter.
3. Turn the **ON/OFF** switch on the front of the machine to the **ON** position.
4. Attach the green nipple adapter to the outlet stem on the front of the machine.
5. Attach the cannula snugly to the oxygen outlet.
6. If your therapist recommends using a bubble humidifier, attach the humidifier to the outlet stem on the front of your machine, then attach a cannula to the bubble humidifier.

7. Turn the flow meter knob on the front of the machine counterclockwise so that the middle of the ball is in the center of the numbered line of the correct flow rate. Your correct flow rate is liters per minute.
8. Put on your oxygen and *relax!*

When You Are Not Using Your Oxygen

1. Be sure that the **ON/OFF** on/off switch on the front of the machine is in the **OFF** position.
2. Wipe the prongs of the cannula off with a soft cloth and a mild soap and water solution.
3. Cover your cannula with a clean plastic bag — you can use the bag your cannula came in.
4. The flow rate knob can be left on, so that when you need your oxygen, all you have to do is turn the switch to the **ON** position.

Things To Do Daily

1. Wipe your cannula off with a clean damp cloth.
2. If a bubble humidifier is used, change water daily (*use distilled water*).