



# MERCY HEALTH

## Upper GI Exam Description

### **Description:**

An upper gastrointestinal (UGI) series is a radiological test that is used to visualize the structures of the upper and middle digestive system (esophagus, stomach and duodenum). The patient will be instructed to drink a thin or thick mix of contrast called barium to demonstrate the anatomy. In some cases the Radiologist may also request the patient to drink air producing crystals to add air to the stomach to also help show the anatomy. The Radiologist then will watch the movement of the barium through your esophagus, stomach, and the first part of the small intestine (duodenum) as a sequence of X-rays are taken at different times and from different views. The approximate time for the examination is 30 minutes.

**\*\*If a small bowel exam is ordered in conjunction with this exam, please see **Small Bowel Follow-Through** for description and could expect 1-4 hours additional time.**

### **Adult Prep:**

No Solid foods after 8:00 p.m.

Clear fluids until Midnight

Nothing to eat or drink after midnight

*\*\*Omit medications/ if diabetic patient should get further instructions on medication from their physician or one of our radiologists.*

### **Peds Prep (12 months to 16 years old):**

Nothing to eat or drink after midnight

### **Infant Prep (under 12 months):**

Nothing to eat or drink 4 hours prior to the exam

Any questions or concerns please call  
Mercy Campus Radiology 231-672-3927  
Lakeshore Campus Radiology 231-861-3007

***To Reschedule or any additional Scheduling questions please call  
231-672-4800***