

Community Health & Well-Being Impact Report

TRINITY HEALTH LIVONIA



Caring for Western Wayne County Communities

Community Health & Well-Being Mission

Community Health & Well-Being (CHWB) promotes optimal health for people experiencing poverty and other vulnerabilities in our communities by addressing patient social needs, building community capacity, and reducing health inequities.

Strengthen
Community
Benefit Impact

Address
Patient
Social Needs

Invest in
Our
Communities

STRENGTHEN COMMUNITY BENEFIT IMPACT



Community Health Needs Assessment and Implementation Strategy

Trinity Health Livonia worked with community partners to assess the health needs of our communities by examining regional data and listening to residents. The assessment explored community conditions, access to care, and health needs. Focus groups highlighted the need for holistic well-being, including access to resources and support. The following were identified as the highest priority needs:

- **Mental Health and Substance Use Disorders**
- **Diabetes, obesity, and high blood pressure**
- **Access to community resources with a focus on housing and nutrition**

From the CHNA, an Implementation Strategy was created to provide a road map for action. Trinity Health Livonia will work in collaboration with community stakeholders on the strategies over the next three years and continuously measure progress toward the goals.

*For a more in-depth explanation of the CHNA and Implementation Strategy, click here to see the **Trinity Health Livonia CHNA report** or visit TrinityHealthMichigan.org/CHWB.*

ADDRESS PATIENT SOCIAL NEEDS



Community Interventions

Community interventions are hospital-based services, programs, and activities that promote health and healing as a response to identified community needs. They increase access to health care addressing social influencers of health, improve access to health care services, and reduce health disparities within our service areas. Some examples of our community interventions are:



Diabetes Prevention Program (DPP):

DPP was created for adults who are ready to make lifestyle changes to prevent or delay the onset of type 2 diabetes. It is a yearlong program that reached more than 79 people in Western Wayne County.

Trinity Health Livonia participates in a grant funded project to advance health equity and reduce health disparities in the Black/African American population in Wayne County through the establishment of DPP cohorts in priority zip codes and addressing unmet social needs of those enrolled in the program.

"My doctor and I are very happy this program exists. I feel I have the tools to successfully change a lifetime of bad habits. Not perfect, but still working on better habits." — DPP Participant



Youth Suicide Prevention: The Western Wayne Suicide Prevention Coalition held a conference titled, *Disrupting The Narrative of Youth Suicide & Mental Health*, with 371 attendees. More than 200 school staff and community-based mental health providers attended mini conferences at Trinity Health Livonia Hospital. Coalition member districts adopted a common screening tool for students in crisis and more than 700 assessments were conducted.

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INVEST IN OUR COMMUNITIES



Grants, Charitable Contributions, and In-Kind Support

In our continuous commitment to building a healthier community, Trinity Health Livonia has supported community-based initiatives that address a broad spectrum of needs related to the prioritized CHNA needs. Listed below are some of the initiatives that Trinity Health Livonia invested in during FY24 totaling more than \$550,000:

- **Diabetes Prevention Program**
- **EMS Liaison**
- **Healthy Livonia Coalition**
- **Lab services and specialist care for uninsured Hope Medical Clinic patients**
- **Legal guardianship service for indigent patients**
- **Livonia Recreation Center: Wellness Program**
- **Northville Transportation Project**
- **Provided meeting space for recovery groups**
- **School-based athletic training**
- **Suicide Prevention Coalition coordination and lecture series**
- **Westland Farmer’s Market Power of Produce**
- **Youth substance use prevention programs**

Coalitions

Trinity Health Livonia recognizes that aligned effort is required to improve the health and well-being for all residents of our community. We either convene or are committed members of the following coalitions:



Community Resource Directory

Find and connect with free and reduced-cost health resources and social services in your area or anywhere in the U.S.

Click here to view the [communityresources.trinity-health.org](https://trinity-health.org/communityresources)



- **Healthy Livonia Coalition:** Healthy Livonia seeks to inspire a culture of wellness. The coalition identifies initiatives that orient the community to healthy living and aligns resources to get them done. In FY24, Healthy Livonia funded healthy eating and physical activity programming for 80 Great Start Readiness Program students and their families. The coalition celebrated the completion of an educational greenhouse at Garfield Community School.

- **Western Wayne Food Policy Council:** The Western Wayne County Food Policy Council (WWFPC) collaboratively shapes the local food system and works to ensure that nutritious food is accessible for all. Their vision is that Western Wayne County is thoroughly nourished with a diverse, empowering, and nutritious food system. The WWFPC conducted focus groups and utilized Photovoice to learn more about the lived experiences and food needs of residents of Dearborn, Inkster, Redford, Romulus, and Westland. The WWFPC compiled the findings in a report which details the main themes of access, connectedness, and cost and quality. The WWFPC will work with residents and other stakeholders to identify strategies to improve the local food system.

- **Southeast Michigan Hospital Collaborative:** Trinity Health Livonia joined three other health systems, the National Kidney Foundation of Michigan, and the Michigan Public Health Institute to provide coordinated activity to prevent type 2 diabetes in Southeast Michigan and improve diabetes-related health disparities. The collaborative educated 39 health care providers about the Diabetes Prevention Program and served approximately 200 participants with this evidence-based lifestyle change program in FY24.

- **Western Wayne Suicide Prevention Coalition:** The Western Wayne Suicide Prevention Coalition’s mission is to coordinate efforts across local school districts to identify and implement best practices in adolescent mental health. To date, the Coalition has successfully trained more than 5,500 adult employees across member districts in suicide awareness. They are now expanding this effort to include suicide awareness training for all high school students within member districts.



Your Community Health & Well-Being Program Lead

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Click here for the [Trinity Health Livonia CHWB](https://trinityhealthmichigan.org/about-us/community-health-and-well-being) or visit trinityhealthmichigan.org/about-us/community-health-and-well-being