

# Grief Support

*“Simply stated grief is our response, emotionally, spiritually, and physically, to a loss of any kind. The loss of a loved one can produce some of the deepest grief we may experience. The loss may already have you feeling alone, disoriented, sad, and uncertain about your future. It’s at times like this that we all need some help. We in the Trinity Health Oncology Program want to continue to care for you as you face your loss by providing you with information about community-based resources that can help you navigate this terribly difficult time.”*

**- Chris Hardy, Spiritual Care Specialist**

## INDIVIDUAL, GROUP, AND/OR VIRTUAL PROGRAMS

### Cancer Support Community:

- Free support, healthy lifestyle, social and education programs for patients, survivors, loved ones and children
  - *Current Programs, Cancer Support Community*

734-975-2500

[cancersupportannarbor.org](http://cancersupportannarbor.org)

### New Hope:

- Center for grief support, with groups, individual counseling, and events.
  - *New Hope Center - Grief Support Groups, Peer Support - Northville MI*

248-348-0115

[newhopecenter.net](http://newhopecenter.net)

### Ele’s Place:

- Groups for grieving children and teens
  - *Elesplace.org*

734-929-6640

[elesplace.org](http://elesplace.org)

### Angela Hospice:

- Grief Support groups are available to anyone in the community experiencing a loss.
  - *Angela Hospice Grief Care*

734-464-7810

[angelahospice.org/grief-care](http://angelahospice.org/grief-care)

### Arbor Hospice:

- Multiple groups, including general loss, loss of partner, child, parent, etc.
  - *Grief Support – Arbor Hospice*

888-992-2273

[arborhospice.org/our-services/grief-support-groups](http://arborhospice.org/our-services/grief-support-groups)

## VIRTUAL PROGRAMS

### Grief Share:

- *Need Help Dealing with Grief? - GriefShare Adult Grief - Healing - Comfort*

[griefshare.org](http://griefshare.org)

### Grief.com:

- *Support Groups – Webinars - Seminar - Workshops*

[grief.com](http://grief.com)

### Modern Loss:

- *Magazines - Resources - Self-Care*

[modernloss.com](http://modernloss.com)

Support from one of our oncology chaplains is available by calling  
**734-712-HOPE**

